

## Product Description



The XYSFitness adjustable [squat box](#) is for the widest size , so anyone from can use this box. On top of that it can handle the strength exhibited by the strongest man in the world. This box is battle tested and it has stood up to many of your [squat workouts](#) at super training.

The XYSFitness [adjustable height plyo box](#) allows you to sit back further getting deep into the hams and glutes. It develops the proper squatting muscles while reinforcing correct technique. The wider stance and straighter foot position used for the box squat activates the

hips and helps eliminate the excessive stretch reflex that many close stance Olympic style lifters get. This makes the box squat more challenging but will also make your regular squat stronger and more efficient.

This XYSFitness adjustable squat box is a sturdy steel framed platform which is used for execution of plyometric jumps to build explosive leg strength during sports performance training. [Jump training](#) is an explosive training technique that promotes muscular growth and endurance and also increases cardiovascular capacity. Athletes train specifically with plyometric boxes to not just build power and strength in the lower body, but to also improve neuromuscular speed and motor skills coordination. Plyometric jumps require an advanced combination of strength, endurance, dexterity, and mental focus, making them an important part of any cross-training routine.

### **Product Specifications**

- Assemble size : 71×60×30 cm
- Weight : 22.2 KG
- Material : Wear Resistant Steel
- Iron Plate : 4mm
- Package Size : 73 x 62 x 35 cm
- Logo : Customer Logo
- Application : Agility Training
- Color : Black , Silvery , White



30cm with 7 adjustable locking positions in 5cm height



The screw will fix each adjustable position steadily .



## **Packaging & Delivery**

Packaging Details:

- 1: Each component into a pp bag ;
- 2: Then many bags into a carton .

Delivery Detail:

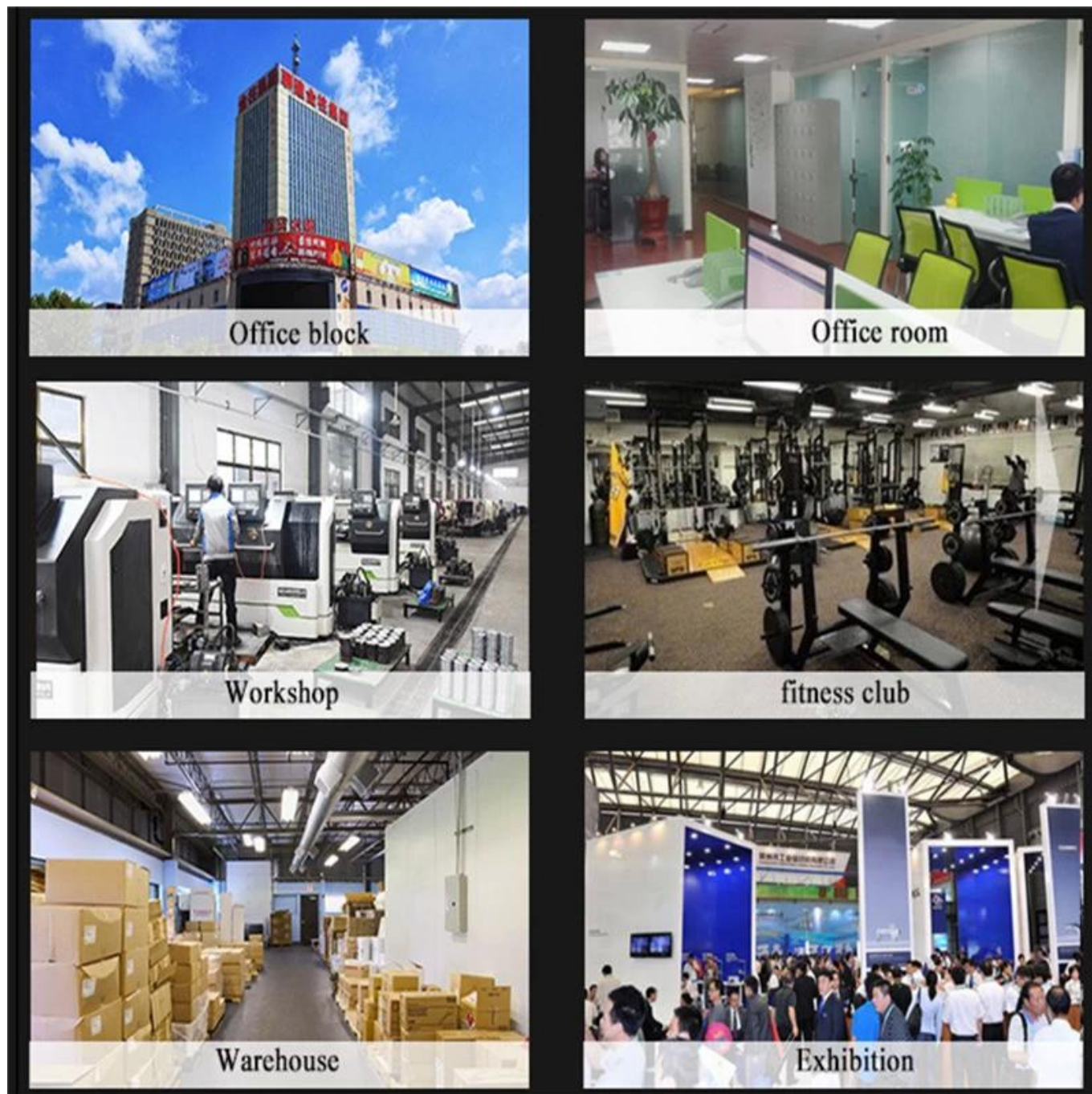
Within 27 days after payment

## **Company Information**

SHANDONG XINGYA SPORT FITNESS INC is a professional exercise equipment enterprise for development , production and sales of dumbbell , barbells , kettlebell , mats , racks , CF and other rubber coated and dipping products .

Upon the advanced production equipments and strict quality control system , with nice quality products and high quality , now we have established a solid business relationship with hundreds of customers all over the worlds , including North America , Europe , the Middle East and Asia . " Creating value for all customers with innovation and quality " is our changeless promise .

We sincerely hope to build a nice and long cooperation with you in the future .



## Our Service

- Shipment and sample quality tracking includes lifetime .



- Any small problem happening to our product will be solved at the prompt time .
- All your inquiry replied within 24 hours .
- Strictly produce control system and closely cooperate with strong gym equipment factories
- OEM / ODM orders are welcome .
- High quality service with whole modern team , adding many years export experience .



## FAQ

Q1 : Can I negotiate the prices ?

A1 : Yes , we may launch some promotion that more discount would be granted sometimes . We may grant discount for FCL of mixed products or bulk orders of individual products .

Q2 : What is the minimum order quantity ?

A2 : We can accept small orders , prices will be higher , though .

Q3 : How long do you take for production and delivery ?

A3 : Please confirm the order quantity , delivery time when you are ready to place an order .

Normally we need 3-4 working days to produce after receive your deposit and all order details are confirmed for regular designs and models .

Transportation by sea or air , Customs Clearance and inland transportation will need , another 20-30 days . So please place orders in advance to make sure you have products to sell on busy season .

Q4 : If we don't have any shipping forwarder in China , could you do this for us ?

A4 : We have shipping department , you will get the best shipping price , and have excellent service .

Q5 : I never come to China before , can you become my guide in China ?

A5 : We will book the hotel for you in advance , and arrange our driver to pick you up from airport to our company , if you want to visit the market or factory , we can arrange our colleague to be your assistant .

## **Contact Us**

LETS WORK TOGETHER

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