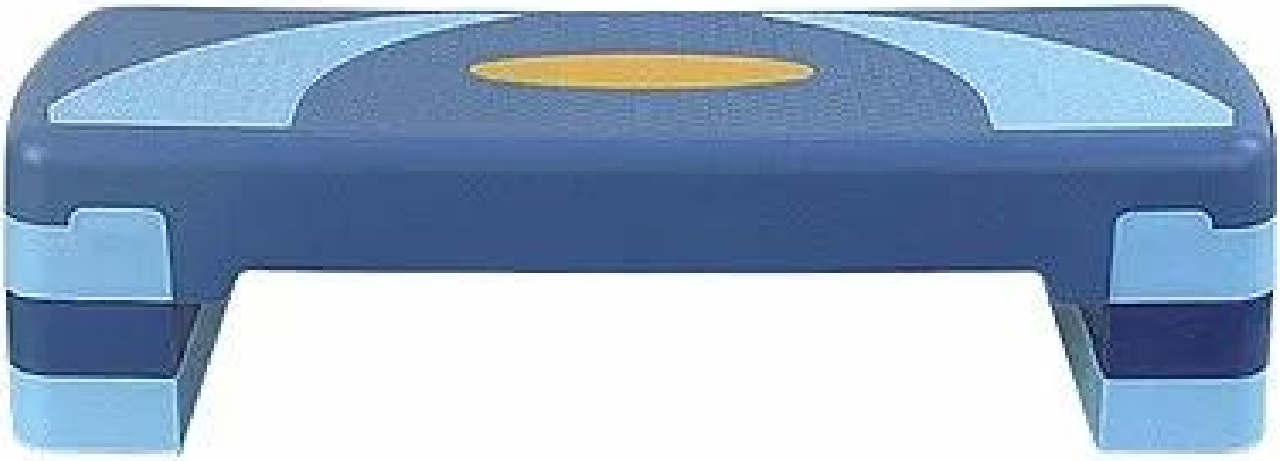
Step Aerobics Exercise Equipment

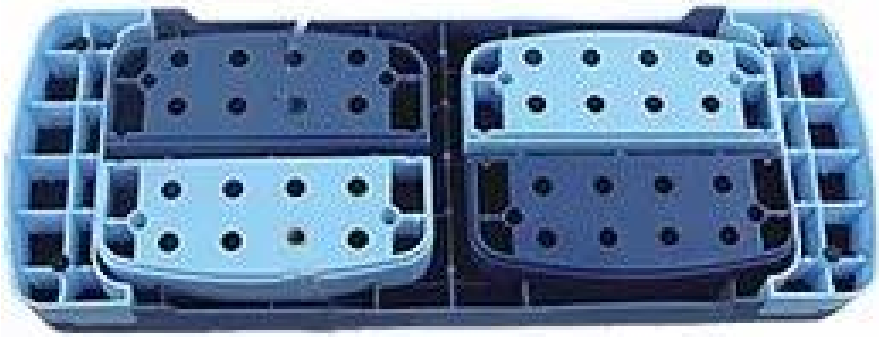
1, Description:
We sell a wide variety of quality aerobic steps.

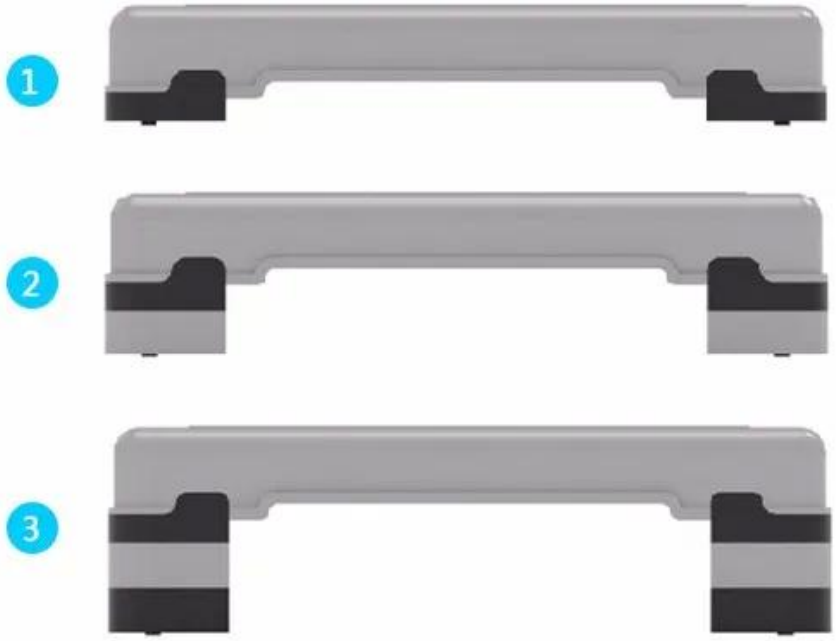
The Gymsportz Fitness Aerobic Step Board is an excellent equipment for fat burning cardio step training, especially for training the hip, thigh and buttock muscles.

- **Light weight**
- **Non-slip surface**
- **Tough and durable material**
- **Includes a main step board and 4 individual blocks for height adjustment**
- **3 different height adjustments (10 cm, 15 cm and 20 cm)**
- **Dimensions: 80 cm (Length) x 30 cm (width) x 10/15/20 cm (Height)**
- **The base are fitted with rubber studs to prevent the step board from shifting during workout**

2, Detail pictures:



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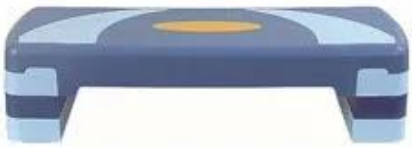

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