





## Easy Installation

1. Insert T-Bar Row into the weight plates.
2. Insert fit bar into the metal tubing.
3. Tighten the bar in place with the secure knob.

**180°**

Swivel Up & Down



**360°**

Swivel Left & Right



One Arm Row



One-Arm Floor Press

Bent Over Row



Shoulder Press





Designed to fit 2-inch Olympic bars and weight plates.

Durable material with black coating cover.

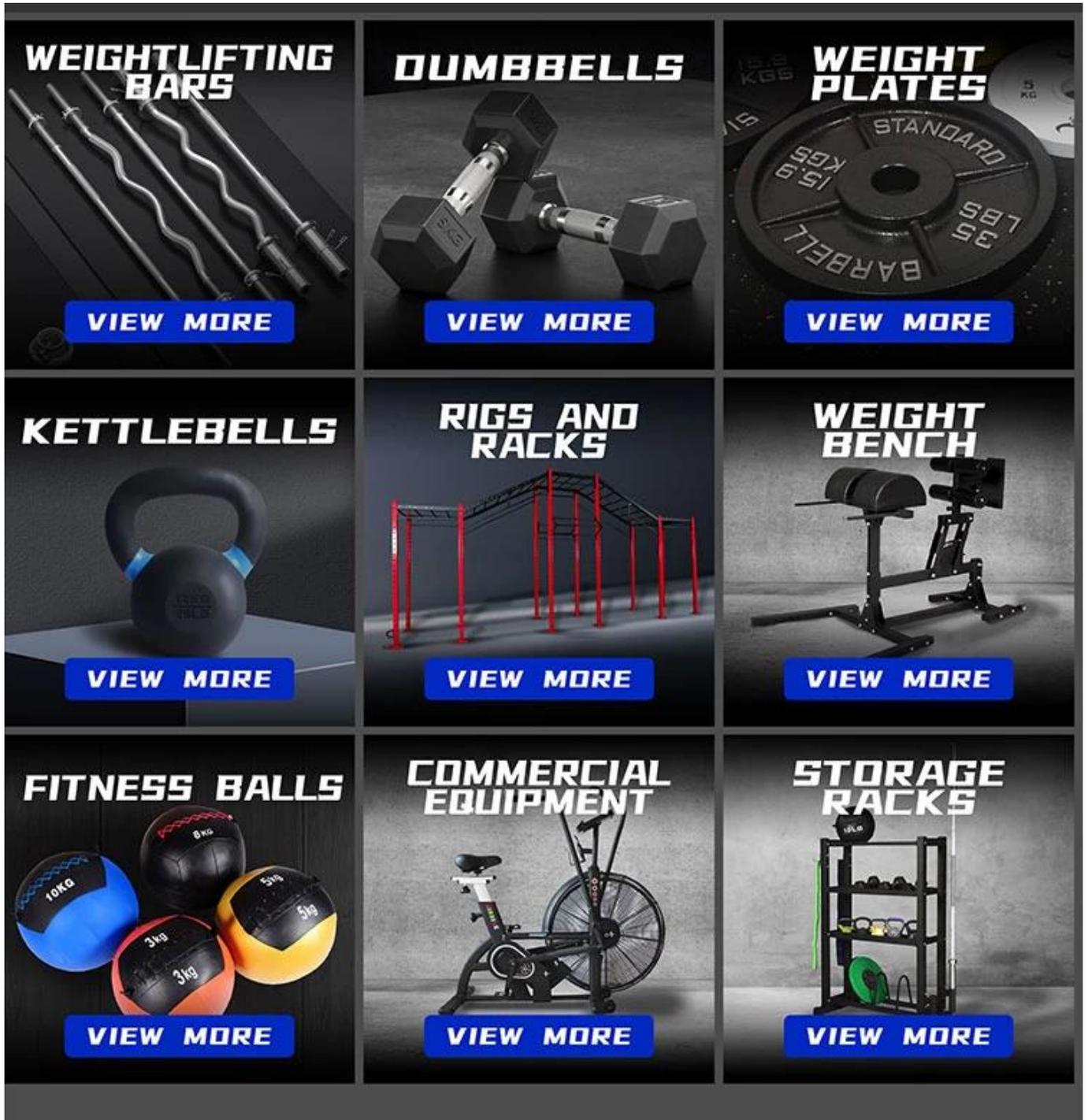
With a secure knob to tighten and keep the bar in place.

180°swivel up and down.

360°swivel left and right.



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## 🏠 Xingya

Shandong Xingya Sports Fitness Inc. 是一家专业的健身器材制造商，专注于为客户提供高品质的健身设备。我们的产品包括杠铃、哑铃、壶铃、健身球、商用健身器材、重量架和存储架等。我们拥有完善的质量管理体系，确保每一件产品都符合国际标准。欢迎访问我们的官方网站，了解更多产品信息。

我们提供定制化的健身解决方案，满足不同客户的需求。无论是健身房、家庭健身还是企业健身，我们都能够提供专业的建议和优质的产品。我们的售后服务团队将为您提供及时、专业的技术支持。

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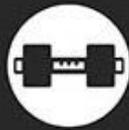




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