

1,Description:

This is a commercial gym grade aerobic step with 3-level stack design. Featured with the advanced non-slip decking and wide stepping platform, you can have a professional aerobic workout anytime at home! Train your body co-ordination, burn fat and tone up your hips, thighs and calves with step training. You can also integrate weights, push up etc. into the routine for upper body workout. Same as all the gyms in Australia, this step bench is height adjustable so you can pick the level you feel comfortable to train at. Bring this aerobic step home and have the body shape you always wanted today!

Specification:

- 100% brand new
- 3-Level Stack Design
- Adjustable Height
- Commercial Gym Grade
- Advanced Non-slip Decking
- Wide Stepping Platform
- Non-skid Floor Pads
- Support Up to 300 kg
- Easy to Use, No Assembly Required
- **Dimension:110 x 41 x 11 cm (L x W x H)**

Adjustable Height:

- No Stack: 9cm
- 1 Stack: 14.5cm
- 2 Stacks: 20cm
- Support Stack:41cm Square
- Weight Capacity:300 kg

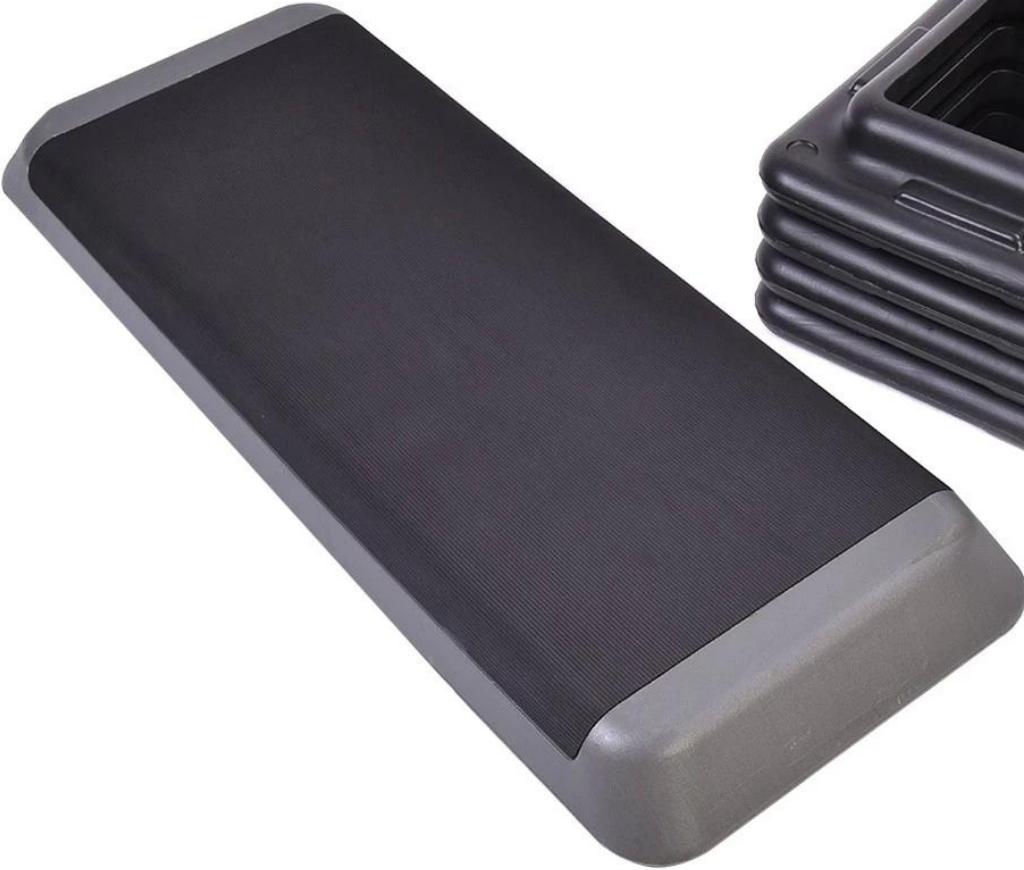
Package include: 1x Bench Step

2,Picture Details:



















MORE RELATIVE



AB-1001



AB-1002



AB-1003



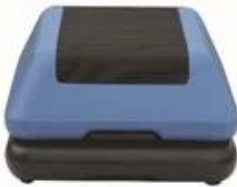
AB-1004



AB-1005



AB-1006



AB-1007



AB-1009



AB-1010

3,Product of line

Dumbbells



Barbells

