# CF WOODEN JERK BLOCKS/BOXES(PAIR)

### 1, Description:

Jerk Blocks are very special products, which are essential for CF and can be found more and more in public as well as private gyms.

The Wooden Jerk Blocks make sure that you can safely carry out Clean & Jerk exercises in various ways.

The Wooden Jerk Blocks are also perfectly designed for other important exercises, for example block pulls, deadlifts, clean/snatch, floor presses, step-ups or box jumps, just to name a few.

### Characteristics CF Wooden Jerk Blocks:

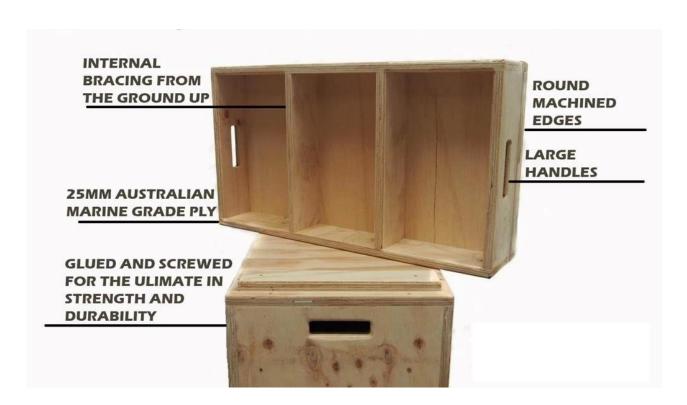
- Size of each block: 91x51cm (LxW)
- Set includes extension blocks of 15cm, 30cm en 38cm and a cover block of 6cm.
- Adjustable in height 6cm 89cm
- Every block has stoppers on the top, which prevents the bar bell to roll off.
- Safely and precisely stackable.
- The blocks are resistant against heavy workouts and will therefore not wobble or move.
- Made of 20mm plywood.
- Every block is extra stabilized from the inside.
- Polished sides and corners.
- Height indication in centimeters.
- Practical handles for easy moving and stacking of blocks.
- The weight of the complete set is 180kg.
- Maximum weight: 500kg

### • 2,Pictures



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## 3,Package:

Standard exported packing.



3,Shandong Xingya Sports Fitness Inc. is a factory and trading company. We mainly produce weightlifting bars, weight plates, dumbbells, kettlebells, fitness balls, storage racks, power racks and other strength accessories. With high quality and competitive price, our products are mainly exported to Europe, America, the Middle East, South Asia and other nations. We always believing in that good service and high quality is a soul of a company. We sincerely hope to establish long-term business relation with you.

Could you kindly consider us?

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4, Product of line









### 5,Exhibition:

We attend the Canton Fair in 2016. We met many friends from wordwide. They are very kind and impressed with our products,

such as, dumbbells, kettlebells, wall balls. We have made many orders from our clients we met on the canton fair. This is really our honour

to make friends with our clients and they satisfied with our quality and service. We always remembering quality first.



### 6,**Contact**

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