Medicine ball description:

1)Material: Soft Synthetic leather-PU
2)Diameter:14"
3)Weight:4lb,6lb,8lb,10lb,12lb,14lb,16lb,18lb,20lb,25lb,30lb,40lb
4)Stitched customer logo and weight

Medicine ball features:

1)Each weight has its color,easy to identify.
2)Soft interior padding for easy grip.
3)Thick double stitched keeps ball closed and material escaping.
4)Durable prime quality material

Benefits of medicine ball training:

1)Improve core muscle strength and body balance.
2)Press and push can enhance explosive power.
3)Functional exercises such as lifting,throwing improve your everyday life.

Company Information:

Shandong xingya sports fitness Inc is a professional fitness products supplier engaged in power racks,dumbbells,kettlebells,
weight plates,barbell bars and other accessories. We have exported to many countries such as America,Europe,Asia. We
sincerely hope to cooperating with you in the future.