

# Strongman Overhead Lifting Log Bar



## Product Description

Train like a Strongman. Get Stronger.

We cut down the diameter of the standard Log Bar by two inches and decreased the weight by 14LB to create this intermediate strongman training bar. The smaller size of the 8" Log Bar brings its center of gravity closer to the body when cleaning the log or rolling it into the rack position. This makes it easier to maintain control of the bar at higher weights throughout a workout.

While it's well suited to many smaller-framed athletes—women, juniors, etc.—the log bar is also a useful tool for athletes rehabbing from an injury or working their way up to the Neutral grip handles put less stress on the shoulders for all the pressing movements, and a light starting weight of 51 lbs. makes it easier to work up from. If strongman training is even somewhat important to you, this is in your arsenal.

## 2. Our Service

- l Quickly response, all your inquiry will be replied within 24 hours.
- l Sample orders are available.
- l Diversified ways of transportation.
- l Strictly produce control system and closely cooperate with strong gym equipment factories.
- l OEM/ODM orders are welcome.
- l Exquisite packaging
- l Logo design acceptable



### 3. Company

Shandong Xingya Sports Fitness Inc. is a factory and trading company.

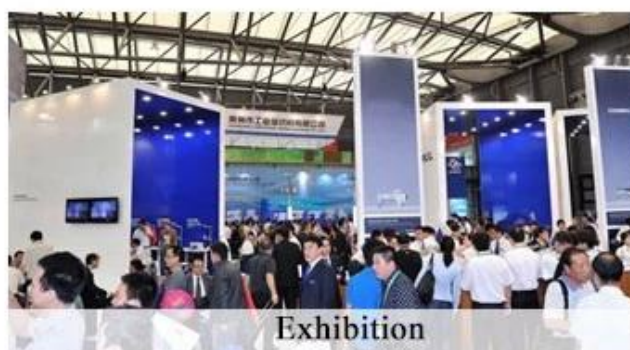
We mainly produce weightlifting bars, weight plates, dumbbells, kettlebells, fitness balls, storage racks, power racks and other strength accessories .

With high quality and competitive price, our products are mainly exported to Europe, America, the Middle East, South Asia and other nations.

We own our factory located in Rizhao City, Shandong Province, China. Our warehouse is near to our factory. This place can be convenient to get raw material, and the city near to sea, so that it can save transport cost and time on road.

We always believing in that good service and high quality is a soul of a company. We will try our best to supply you the best service and fast delivery time. That is our best advantage.

We sincerely hope to establish long-term business relation with you.  
Could you kindly consider us?



#### 4. Exhibition

We attend the Canton Fair in 2016. We met many friends from worldwide. They are very kind and impressed with our products, such as, dumbbells, kettle bells, wall balls. We have made many orders from our clients we met on the canton fair. This is really our honour to make friends with our clients and they satisfied with our quality and service. We always remembering quality first. And we attended FIBO in Germany on 6th, April to 9th, April.



## 5. FAQ

Q1: Can I negotiate the prices?

A1: Yes, we may launch some promotion that more discount would be granted sometimes. We may grant discount for FCL of mixed products or bulk orders of individual products.

Q2: What is the minimum order quantity?

A2: We can accept sample orders, prices will be higher, though.

Q3: How long do you take for production and delivery?

A3: Pls confirm the order quantity, delivery time when you are ready to place an order. Normally, we need 3-4 working days to produce after receive your deposit and all order details are confirmed for regular designs and models.

Q4: If we don't have any shipping forwarder in China, could you do this for us?

A4: We have our own ship agent, we have cooperated for 10 years, don't worry about this.

Q5: I never come to China before, can you be my guide in China?

A5: We will book the hotel for you in advance, and arrange our driver to pick you up from airport to our company, if you want to visit the market or factory, we can arrange our colleague to be your assistant.

## 6. Contact us

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