

## **Product Description**

### [China Adjustable Bench Facoty](#)

It comes with a 7 ladder adjustments

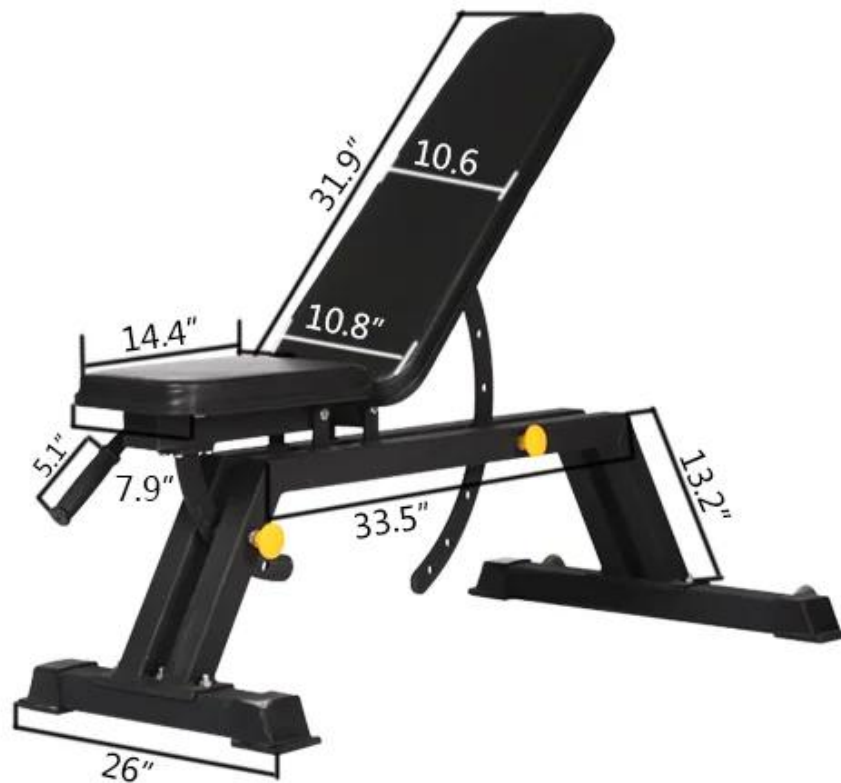
Utilize the versatile adjustment features to effortlessly achieve over 30 different exercises for a full body workout

Perform a number of upper and lower body exercises.



Weight:45kg

Main tube:  
50\*70\*3.0mm



### Company Information

Shandong Zhongxing Fitness is a professional exercise equipment enterprise for development, production and sales of dumbbells,

barbells,kettlebell, mats, racks and other rubbercoated and dipping products.

Upon the advanced production equipments and strict quality control system,we supply customers nice quality products.

Now we have established a solid business relationship with hundreds of customers all over the words, including North America, Europe, the Middle East and Asia.

“Creating value for all customers with innovation and quality”is our changeless promise.

We sincerely hope to cooperate with you to develop together in the future.

### FAQ

Q:Does it go 90 degrees

A:Yes

Q:Can you do step ups with this bench? Is the base secure enough?

A:Yes,it's very durable and sturdy

Q:Does it have wheels?

A:It has wheels at the end where your head is.