hard chromed surface copper bushing smooth sleeve cross bar for man

These 20KG Barbells feature:

- Great Spin
- Banded collar options for easy identification
- 190K PSI Tensile Strength
- Lifetime Construction Warranty
- 1 Year Bending Warranty

Spin and Coating

- 2 Over-Sized Needle Bearings for smooth spin
- 2 Over-Sized Oil-Impregnated Bushings for durability
- Hard Chrome on Sleeves (Scratch and Rust Resistance)
- Less Maintenance

Handle, Knurl, and Whip

- 28mm Handle: Men's Standard
- Consistent, Well crafted knurl that extends to collar
- Dual Knurling marks: for weight lifters or Powerlifters

Men's Competition Standard:

- 28 mm (Standard)
- 20KG or 44LB. +/- 1%
- 190K PSI Tensile Strength
- Dual Snap-Ring Design Construction
- 2 Over-Sized Needle Bearings
- 2 Over-Sized Oil-Impregnated Bushings.