

Equipamento para exercícios aeróbicos

1, descrição:

Nós vendemos uma grande variedade de etapas aeróbicas de qualidade.

O Gymsportz Fitness aeróbica Step Board é um excelente equipamento para a queima de gordura cardio treinamento passo, especialmente para treinar os músculos do quadril, coxa e nádegas.

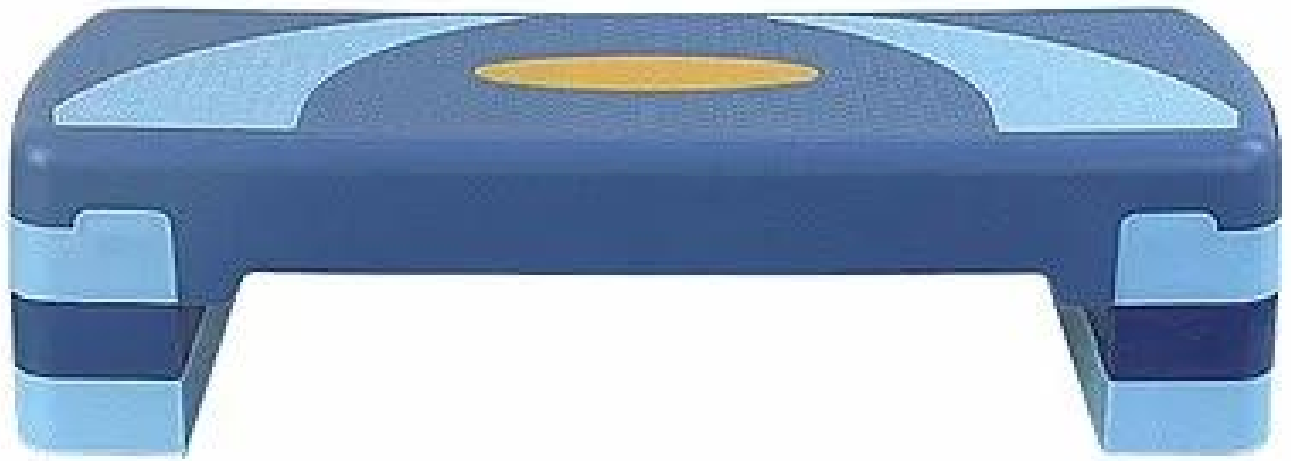


- **Light weight**
- **Non-slip surface**
- **Tough and durable material**
- **Includes a main step board and 4 individual blocks for height adjustment**
- **3 different height adjustments (10 cm, 15 cm and 20 cm)**
- **Dimensions: 80 cm (Length) x 30 cm (width) x 10/15/20 cm (Height)**
- **The base are fitted with rubber studs to prevent the step board from shifting during workout**

2, detalhe fotos:







1



2



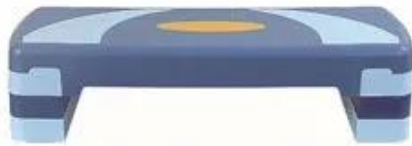
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MORE RELATIVE



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AB-1002



AB-1003



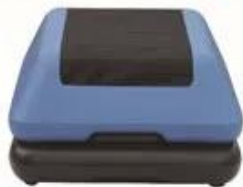
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